

2021

AFRICAN CONSTELLATIONS FACILITATOR TRAINING

An Introduction



#THANKYOUFORMYLIFE/ MY SPIRIT SAYS 'YES'!

Duration: 12 months tuition

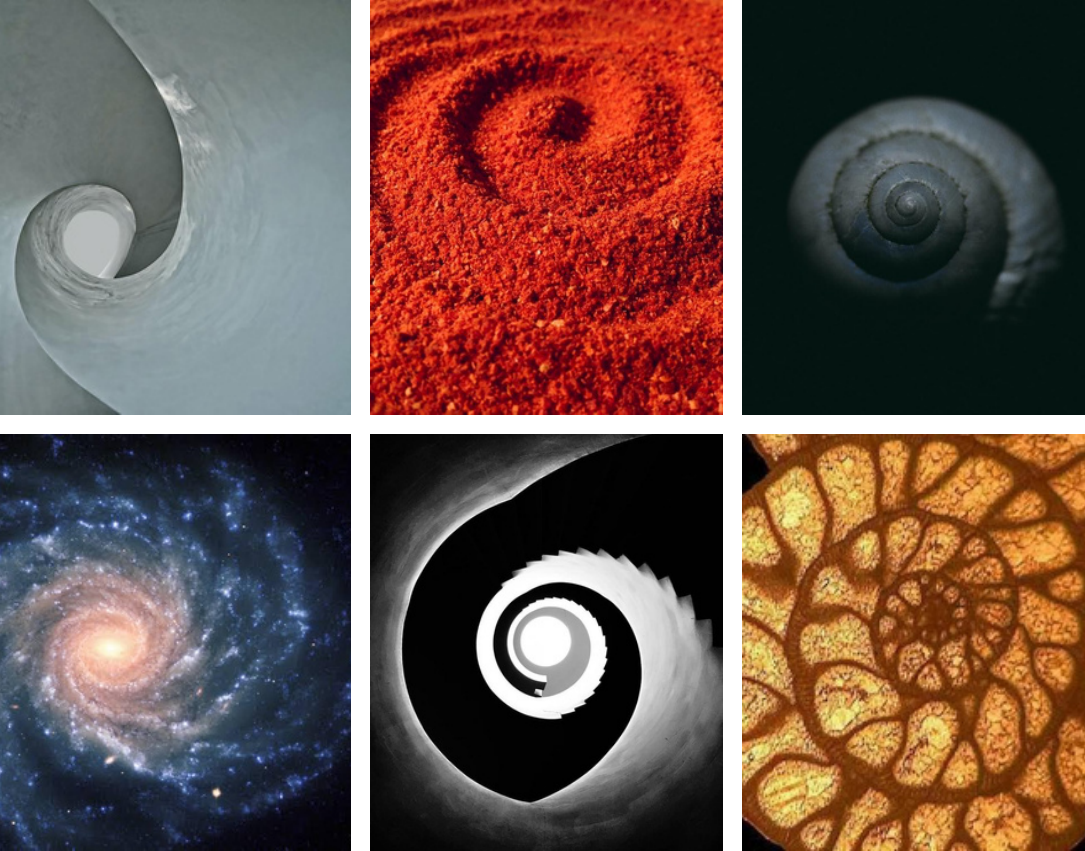
24 months to complete your portfolio

This training has developed over the last 16 years in the multi-dimensional context of South Africa, with participants joining us from around the world to experience the unique culture and context and the grounded approach of African Constellations.

We offer a deep dive into Ancestral fields, as well as fundamental understanding in Systems Theory and the philosophy of Bert Hellinger's Systems Constellations. The training is based on developing deep observation skills and an ability to "see" emergence in the knowing field that is collectively accessible to us all. This field was once trustingly called upon by indigenous people and has been incorporated in many subsequent healing traditions.

This training bridges the ancient and more modern ways of knowing and understanding family, organisational, natural and collective systems and the trans-generational dynamics that affect them. We dance the fine line between content and process, on the assumption that personal development and a foundational knowledge in classical family constellations is required to understand and facilitate effectively in various contexts and in your niche area of expertise.

*Your opportunity to
apply for the
Advanced Facilitator
Training with Tanja
Meyburgh and
associates starting in
February 2021 is Here.*



YOUR TRAINING DIRECTOR

Tanja Meyburgh

Tanja Meyburgh, registered counselling psychologist, is the primary founder of the Systems Constellations training and association in South Africa, and has immersed herself and specialised deeply into this field since 2003.

Tanja's personal and professional journey in therapy has included her interest in narrative therapy, dance, story-telling, wilderness experience, and learning about lineage wisdom based in Southern African traditions.

As well as private practice, Tanja has therapeutic and organisational consulting experience in NGO and corporate settings in South Africa, including organisations involved with HIV, trauma, political violence, adoption, addiction and community development. She has published and presented at conferences and international intensives on the subjects of Family Constellations, Land Constellations and Ancestral Connections.

Tanja is particularly interested in embodied practice and soul work with the people that seek her assistance, and she is committed to practising with integrity, authenticity and in a way that empowers her clients.

www.africanconstellations.co.za
www.tanjameyburgh.co.za

This is a comprehensive training in Family and Systems Constellations and will enable you to sign up to the Systems Constellations Association of South Africa and the International Systems Constellations Association (at their discretion).

We accept applications from therapeutic and health professionals; coaching; traditional and shamanic practitioners; organisational development; community development and NGO's; filmmakers and artists; ecologists and conservationists; farming and more.

AFRICAN CONSTELLATIONS TRAINING IS UNIQUE BECAUSE:

- We have a strong foundation in systems theory
- We offer training in observational skills and phenomenology
- We teach classical and constructivist constellations with family constellations as the foundation of exploration and support into your field of specialisation (nature constellations, coaching and organizational constellations, collective constellations etc)
- We offer experience in power relations, marginalization and working in multicultural settings
- Extensive research and experience in Southern African traditions and Zulu Culture as a knowledge lineage of Constellations work
- We bridge ancient and modern ways of knowing. Embodiment, movement, ceremony and ritual are an essential part of our work.

REQUIREMENTS TO REGISTER:

- currently working in a field of practice in which you plan to apply Constellations work.
- attended at least 6 days of systems constellations workshops

Please fill out the application form and return to us as soon as possible to secure your place. We will invite you for an intake interview should your application be successful.

This course is designed for people in full-time employment and the work-load is designed accordingly.

Attend our free webinar and information session for facilitator training including Q& A on Tuesday 10 November 6pm CAT.

<https://us02web.zoom.us/j/85878114646>

Other time zones on request.



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The Process



THE APPLICATION PROCESS:

- Completing and submitting the registration form
- Upon invitation attending a 30-minute interview
- You will receive written confirmation of acceptance after the interview upon which you can register and pay to secure your place
- Acceptance is on a first come first serve basis. Numbers are limited.

FIVE COMPONENTS TO COMPLETE IN ORDER TO GRADUATE WITH AFRICAN CONSTELLATIONS:

1

In-person training with Tanja Meyburgh:

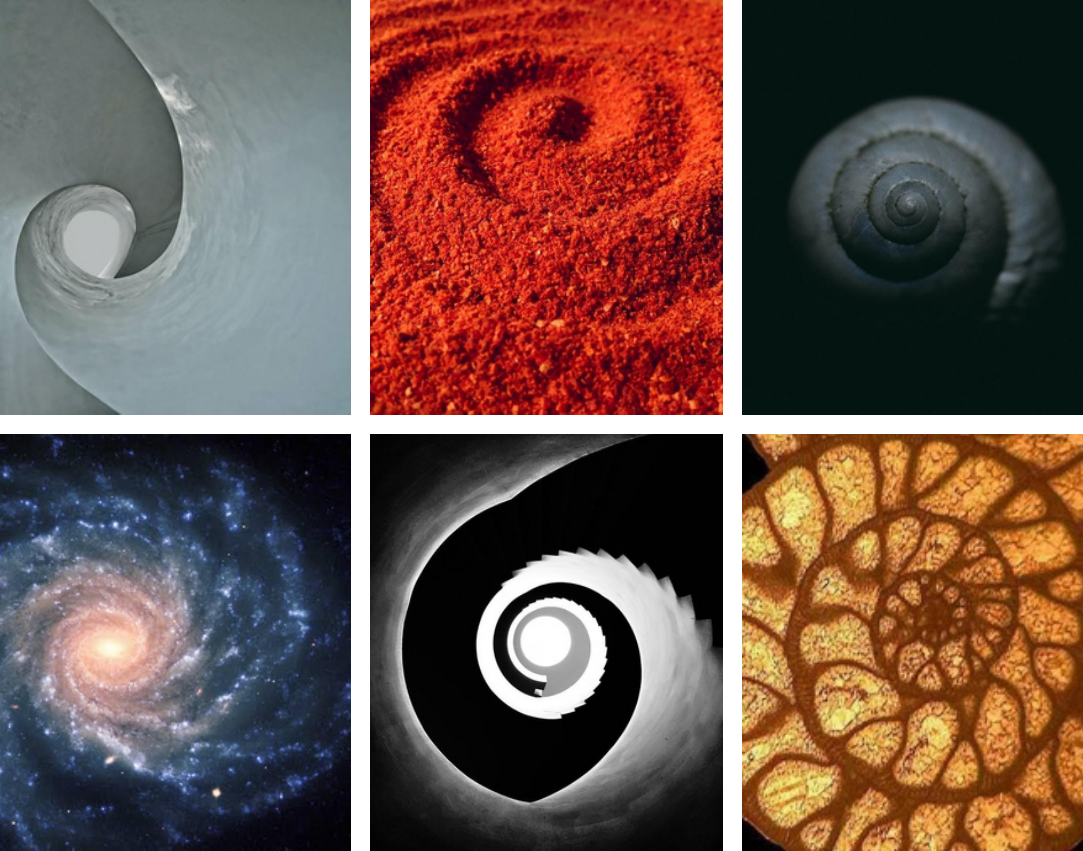
- 1 x 5-day Intensive Training Workshop with Tanja Meyburgh (In South Africa and/or Europe, United States and other regions will be added should numbers allow) . Tuition is covered. Travel and accommodation is to your expense. Dates: to be announced

2

Online with Tanja Meyburgh:

- monthly training group 3.5 hours each (will be recorded)
- Quarterly group supervision workshops: 3.5 hours each
- 2 Individual Mentoring Sessions 60 minutes each
- Graduation Ceremony

Applications for the 2021 intake open on 1 October 2020 and close on 1 February 2021.



3 Online or In-person Peer groups

- Self-organised peer groups with other trainees to get your 25 hours of peer practice. You are required to meet at least once a month. In person or online.
- One peer group session will be attended and observed by Tanja Meyburgh

4 Written material and assignments

- Training booklet provided
- 2 written assignments for submission:
 - Genogram
 - Case Study
- Signing up to the Knowing Field Journal is strongly recommended
- Prescribed reading:
 - Love's Hidden Symmetry Bert Hellinger
 - The Art and Practice of Family Constellations Bertold Ulsamer
 - In My Mind's Eye Ursula Franke

5 Online Training modules with REAL Academy

REQUIRED LEVEL 1:

(Pay as you go directly with REAL Academy.)

- Resources for Beginner and Intermediate Facilitators 1,2 and 3

"When I lived in South Africa, someone told me what the longest road in Africa is. It's not the road from Cairo to Cape Town, it's the way from your head to your heart, and from there to the here and now."
 – Bert Hellinger

*Attend our free
webinar and
information
session for
facilitator training
including Q&A on
Tuesday 10
November 6pm
CAT.*

[https://uso2web.z
oom.us/j/85878114
646](https://uso2web.zoom.us/j/85878114646)

REQUIRED LEVEL 2:

(Pay as you go directly with REAL Academy)

- Constellations in the Individual Setting (currently in development)

INVESTMENT

International Participants:

USD 2800, (including components 1 to 4)
excluding accommodation and travel

Southern African Participants:

R36 000 (including components 1 to 4)
Returning graduates: R18 000 (crew)

Two Scholarships Available for every group.

REAL academy pay as you go online is not included in the above course fee (Component 5). (Approx R10,000 investment in total.)
www.realacademy.net

DEPOSIT:

- 10% deposit secures your place
- 10% discount on full payment upfront

PAYMENT PLANS:

Deposit and

Option 1:

Monthly X 10 months starting 1 January 2021

Option 2: Quarterly x 4

payments 1 Feb, 1 April, 1 July, 1 September 2021

